



## MEDIA RELEASE

### TAKE COVID-19 PRECAUTIONS SERIOUSLY

Most in the community are doing the right thing; however, it is extremely frustrating that some are not taking COVID-19 seriously.

How you respond to the pandemic will say volumes about your character and the care you have for the vulnerable in our society. One person doing the wrong thing can jeopardise the whole community and our way of life.

**These precautions are not suggestions; they are rules that everyone must heed.**

It is **NOT OK** to:

- socialise with people who are in mandatory self-isolation. You should always quickly drop off food or other supplies while remaining at a safe distance. Then leave.
- break out of mandatory self-isolation until your 14-day period is complete and you have been given clearance to do so.
- gather in groups of more than two if they are not part of your family or household. This includes having people over to your house or visiting others. Now is not the time.
- leave the house unless you need to get food or other necessary supplies, to exercise while social distancing, or you are going to work or study and you can't do this remotely.

We have one chance to keep the community safe and COVID-19 free. We must stick together and adhere to the rules and make this happen.

**Let's keep Norfolk safe!**

We can still engage with our friends and relatives and it is important that we continue to do this. We just have to do this differently now. Pick up the phone and call your friends and neighbours and check-in, have video chats, hold your monthly book club via the internet. Get creative about ways to stay connected and ways to support others.

Please call the Office of the Administrator on 22152 or [office.administrator@infrastructure.gov.au](mailto:office.administrator@infrastructure.gov.au) for further information.

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