



MEDIA RELEASE

Norfolk Island Physical Distancing Requirements as of October 22nd, 2020

Below is a summary of the current physical distancing requirements that are in place on the island to protect the community from COVID-19. With visitors now returning to the island, it is more important than ever to follow these guidelines to protect yourself and others.

In public

- keep 1.5 metres away from anyone outside your own household (where possible)
- avoid physical greetings such as handshakes, hugs, and kisses
- use tap and go instead of cash (where possible)
- practise extra care (such as carrying and using personal hand sanitizer) if you are using buses or cars, other than your own vehicle
- indoor & outdoor public gatherings of up to 100 people are allowed without approval, gatherings of more than 100 people require approval from the Incident Controller
- practise good hygiene (wash/sanitise your hands regularly, sneeze and cough into your elbow and avoid touching your face).
- stay at home and away from others if you have any cold or flu symptoms. Seek medical advice from the *Norfolk Island Health and Residential Aged Care Service (NIHRACS)* on ph: +6723 22091 and get tested for COVID-19

Cafes, restaurants, pubs & clubs

- may have a density indoors of 1 person per 2 square metres upon the approval of a COVID Safe Plan by the Incident Controller. Otherwise limited to 1 person per 4 square metres
- Customer Contact Tracing Registers are required for all customers spending more than 15 minutes at a venue. Registers must be held by the venue for three months and include at minimum a name, phone number and date/time of entry for each customer
- indoor dancefloors are limited to 4 couples dancing at any time
- people from different households should stay 1.5m apart (where possible)
- staff should stay home if unwell. They are to seek medical advice from the *Norfolk Island Health and Residential Aged Care Service (NIHRACS)* on ph: +6723 22091 and get tested for COVID-19 before returning to work

At work

- follow your workplace COVID Safe Plan
- if you are sick, do not attend your workplace. Stay at home and away from others. Seek medical advice from the *Norfolk Island Health and Residential Aged Care Service (NIHRACS)* on ph: +6723 22091 and get tested for COVID-19 before returning to work
- when meeting with people from outside your organisation for more than 15 minutes a contact register needs to be completed and retained by the business for 3 months

More details and helpful links to information along with travel advice to the island can be found on the NIRC "*Norfolk Island's COVID-19 Advice*" webpage (<http://www.norfolkisland.gov.nf/norfolk-islands-covid-19-advice>).

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